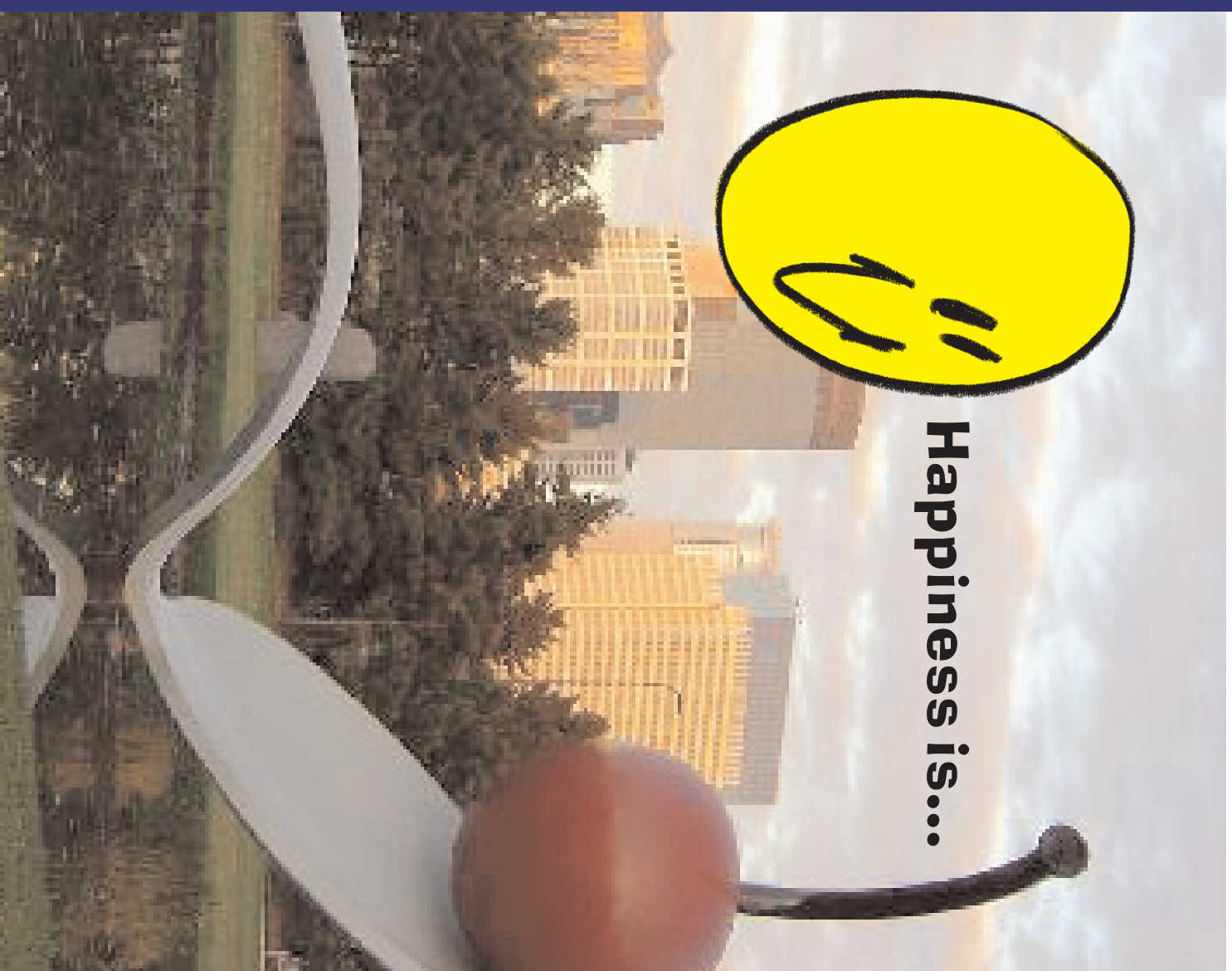




The Sereni "tea party" continues in Boston, August 1st to the 5th, 2007.



Happiness is...



IDAA in Minneapolis 2006

Welcome to Minneapolis!

Our theme this year is "Happiness is..." a phrase we're sure you can complete in a million ways. Please share those many ways throughout the meeting.

We are happy to have many old friends and many new, soon to be friends, present in Minneapolis for the 59th annual meeting of IDAA. Our goal is to give you a reason to smile on every day of the meeting. Be it by attending a fellowship meeting in your respective programs, socializing with new and old friends, seeing your child grow in the children's program, watching your teenager meeting old friends in recovery, attending the various educational programs, watching a movie Friday night with your family or taking a tour, telling a good joke, or by experiencing some quite time. Recovery for everyone has its happy times, fearful times, its sad times. Please feel free to share all of your experiences, to enjoy your hard won recovery and to bring a smile to someone in need.

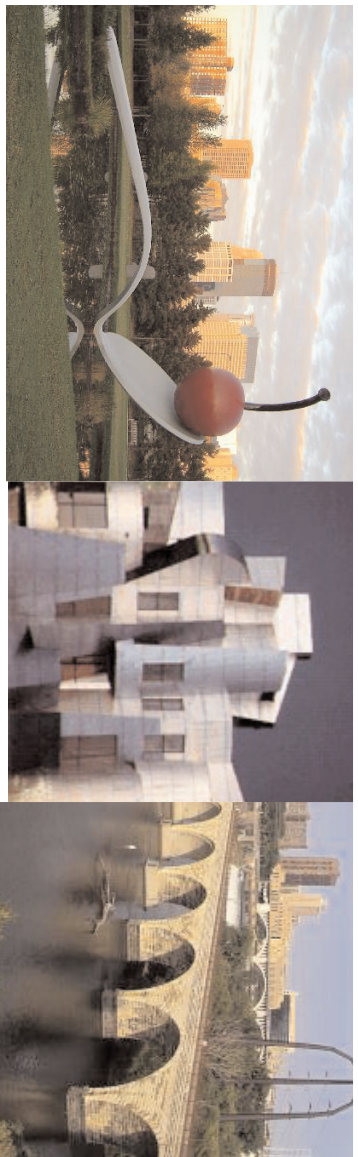
If there is anything that the Local Arrangements Committee can do to make your stay with us better please let us know. On behalf of the LAC, we extend our welcome and wishes for a recovery full of happiness.



Nice people!

Local Arrangements Committee

Hosts	Mike & Heidi Koopmeiners
AA	Melanie Murn & Steve Silver & Joe Sierra
Al-Anon	Jean Sierra
IDAA Teens	Kathy Houston
AlaTwenties	Justin Houston
Child Care	Jennifer Biglow
CME	Sheila Specker
Dental CE	Dietrich Lawrenz
Treasurer	Dave Mercy
Registration	Diane Naas & Pam Shultz
Scholarships	Lanny Houston
Golf	Mike Koopmeiners
Fun Run	Chris Darnell
Emeritus Member	Bud Premier



Information

The registration desk will be open from 9:00 am - 5:00 pm Wednesday through Saturday and 9:00 am to 12 noon on Sunday to assist members attending the conference. You can also look for members of the LAC present throughout the meeting as identified by the Maroon and Gold shirts and a smile.

Hospitality Service

The Hospitality area will be open from 12:00 noon on Wednesday to Midnight and 6:00 am to Midnight, Thursday through Saturday in the Atrium on the hotel's 4th Floor. Continental breakfast is served Thursday through Saturday in the Atrium.

Meditation Room

The Silver Lake Room is a room set aside for quite reflection. It will be open during the meeting and we would ask that no talking occur.

Message Board

A message board is located next to the reception desk.

Fun Run

The participants in the fun run are asked to gather in the lobby of the hotel by 6:30 am on Saturday. You will be lead on a 10 minute warm-up walk to the staging area for the run. The run will weave along the Mississippi River over Nicollet Island, and end by crossing the Stone Arch Bridge, an old landmark in downtown Minneapolis. This course is also a beautiful course to take an early morning walk and watch the sun rise over the river and the new Guthrie Theater.

Golf Tournament

The golf tournament this year is at the Meadowbrook Golf Course on Friday. The tournament will be a shotgun start at 7:30 am. Various on-course events will be set on the course for you to participate in. The buses will arrive at 5:45 am to begin loading and will depart from the hotel at 6:30 am for the course. The buses will make the return trip arriving at the hotel by 12:30 pm. If you

have not registered there is still room to join the fun.

IDAA Teen Program

The IDAA Teen Program will once again have Bob and Twila Grandchamp as sponsors of the program. Open to teens 13 to 19, the program will have defined meetings and topics; it is not child care.

The IDAA Teen Steering Committee may change times and topics of the meetings; parents please check periodically for these changes. All meetings will take place in the Minnesota Room. Except during scheduled meeting times, no adults supervise the Minnesota Room. The Minnesota Room will be open from 6:00 AM to 1:00 AM.

Parents: You are required to sign a release form at check-in before your teenagers will be able to participate in the program. This should be done at the registration desk.

Children's program

Once again Jerry Moe, of the Betty Ford Center, has agreed to bring his educational program to IDAA 2006. Specially designed for children ages 7-12, Jerry's program has been a wonderful success in helping children learn new tools for living in families impacted by alcoholism or other drug addictions.

This three day program utilizes art, games, story telling, films, written exercises, role play and recreation to help youngsters build strengths and deepen their resilience. Skilled counselors lead special groups for the children.

The program runs from 10:00 am to 4:00 pm on Thursday, Friday and Saturday.

PARENTS - plan on being there on Saturday at 3:00 pm in the St Croix I Room for the Kids' graduation. You won't want to miss it.

Happiness is...
a new lease on life



Bookstore, Tapes, CD's

The IDAA bookstore is located in the Crystal Room. The store offers a variety of recovery-related materials.

The conference recordings of every speaker at IDAA 2006 will be available across from Deer Lake and Elk Lake rooms located on the 4th Floor.

Luke Reed/Sheila Payne Scholarship

Donations

In addition to the immediate AA Scholarship Fund, IDAA manages the Luke Reed Fund to help disadvantaged members attend our meetings. IDAA will gratefully accept any contributions to this fund at the Registration Desk or by mail at the IDAA Central Office, 3311 Brookhill Circle, Lexington, KY 40502. IDAA also manages the Sheila Payne Memorial Fund, which awards scholarships to Al-Anon families. Thanks for your support!

Child Care

Child care will be provided by Nanny's Incorporated during the Key Meeting Functions. The times will be:

Wednesday
1:00 pm to 5:00 pm
5:30 pm to 10:00 pm
Thursday
8:00 am to 5:00 pm
6:00 pm to 10:00 pm
Friday
8:00 am to 5:00 pm
Saturday
8:00 am to 5:00 pm
6:00pm to 10:00 pm

Friday Family/Fellowship Night

New this year is Friday Night Family/Fellowship Time. The meeting has traditionally focused on individual recovery.

The Local Arrangement Committee has scheduled time and activities to focus on Family and Fellowship. There will be numerous activities at or near the hotel:

Movie Time at the hotel, music at Peavey Plaza, or a WNBA women's basketball game between the Minnesota Lynx and the Houston Comets. For those members without young children, there will be a dinner cruise on the Mississippi River. All outings should allow for relaxed group time and give the participants time to return to the hotel for the evening meetings.

Children's Banquet

During the adult banquets on Thursday and Saturday, there will be meals and activities for the younger members attending the IDAA meeting. After a hotel meal, the University of Minnesota Raptor Center will present interactive educational programs about eagles and other birds of prey. They will bring with them a live eagle, hawks and other birds that are rehabbing at their facility. There is an additional charge for the meals and activities. If you have not already registered, you can do so at the registration desk.

AlaTwenties

This exciting and growing part of the annual IDAA meeting continues as organized by its members. A Wednesday night pizza party allows for old friends to get re-acquainted with each other and to get to know the new members.

Continuing Education

CME

These activities have been planned and implemented in accordance with the Essential Areas and Policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint sponsorship of the American Society of Addiction Medicine (ASAM) and the International Doctors in Alcohol Anonymous (IDAA). The American Society of Addiction Medicine (ASAM) designates this educational activity for a maximum of 8 1/2 hours credit in Category 1 towards the American Medical Association's (AMA) Physician Recognition Award. Each participant should claim only those credits that he/she actually spent in the activity.

Objectives:

1. Describe the rationale and indications for the new pharmacotherapies in the treatment of addiction as well as barriers to improving treatment.
2. Summarize current understanding of the neurobiology of addiction, elucidated by neuroimaging.
3. Recognize genetic and environmental risk factors and vulnerabilities in the development of addiction.
4. Evaluate the pitfalls of addiction research.

Each participant **MUST** sign in for CME daily. Participants may pick up their Certificates of CME at the Registration Desk on Saturday once they have turned in a CME evaluation form, available at both the Registration Desk and CME lecture room on Thursday or Friday.

Dental CE

The Dental Continuing Education certificates will be made available before the end of the conference.

Scholarship Information

Welcome to all Scholarship recipients. We're glad you are here! Please note the following: scholarships cover registration fees, hotel room and conference-associated meals (Welcome Banquet, Newcomers' Banquet, Al-Anon/IDAA Teen Luncheon, the Speaker's Banquet and the Spirituality Breakfast). Single recipients share a room at the conference hotel with other single scholarship recipients. Families occupy their own rooms as do recipients who bring their spouses/significant others. Scholarship recipients are expected to attend the entire conference and to perform volunteer work during some portion of the meeting; recipients meet each morning (as listed in the Program Guide) to obtain their work assignments. Don't worry, though – we have many scholarship recipients, so the work load shouldn't be too onerous. In addition, there is a Scholarship meeting Wednesday at 5:00 pm. The Newcomers and Scholarships Reception takes place at 5:00-6:00 Thursday evening.

4



Happiness is...

having real relationships

5



Happiness is...

honesty with friends and family

Wednesday, August 2, 2006

	AA	AL-ANON	IDAA Teens	Ala-Twenties	CME	DENTAL CE	OTHERS
7:00 a.m.					Registration		7:00 a.m.
7:30							7:30
8:00					ASAM Sponsored Buprenorphine Program Room St. Croix 1		8:00
8:30							8:30
9:00							9:00
9:30							9:30
10:00							10:00
10:30							10:30
11:00							11:00
11:30						IDAA Steering Committee Pine and Cedar	11:30
Noon					ASAM Sponsored Lunch		Noon
12:30							12:30
1:00							1:00
1:30							1:30
2:00					ASAM Sponsored Buprenorphine Program Room St. Croix 1		2:00
2:30							2:30
3:00	Jeff H., MN 3:00 to 4:00 Ballrooms 3 and 4	Gabe/Al-Anon Meeting Gyneth M., MN 3:00 to 4:00 Deer and Elk					3:00
3:30							3:30
4:00							4:00
4:30	Breakout Meetings See Separate Schedule	Couples Meetings 4:30 to 5:30 Deer and Elk					4:30
5:00						Scholarship Meeting 5:00 PM Pine	5:00
5:30							5:30
6:00			Steering Committee 6:00 to 6:30, St. Croix II				6:00
6:30		Welcome Buffet 6:00 to 8:00 Ballroom 1 and 2	Orientation Parents 6:30 to 6:45 Teens 6:30 to 8:00 Minnesota Room				6:30
7:00							7:00
7:30							7:30
8:00							8:00
8:30							8:30
9:00	Combined AA/Al-Anon Meeting: Happiness is... A Promising Future Dick R., MN 8:30 to 9:30 Ballrooms 3 and 4						9:00
9:30							9:30
10:00	Breakouts See Separate Schedule	Parents Al-Anon Meeting Mick & Julie R., MN 10:00 to 11:00 Pine	Pizza Party 8:30 to 10:00 Minnesota Room	Pizza Party 8:30 to 10:00 Room TBA			10:00
10:30							10:30
11:00							11:00
11:30			Room Closed 1:00 AM to 6:00 AM	Room Closed 1:00 AM to 6:00 AM			11:30
12:00 a.m.							12:00 a.m.

6



Happiness is...
sharing recovery stories.

7



Happiness is...
being in a helping profession.

Friday, August 4, 2006

	AA	AL-ANON	IDAAs Teens	Ala-Twenties	CME	DENTAL CE	OTHERS
7:00 a.m.	Early Bird Meeting Joe S., MN 7:00 to 8:00 Ballroom 3 and 4	Early Bird Meeting Susan P., MD 7:00 to 8:00 Deer and Elk					7:00 a.m.
7:30							7:30
8:00	Gratitude Frank D., CA 8:00 to 8:50 Ballroom 3 and 4	Break Step 4 - Attitudes Pheba R., CA 8:30 to 9:30 Deer and Elk					8:00
8:30							8:30
9:00	Happiness is... Beth W., WI 9:00 to 9:50 Ballroom 3 and 4						9:00
9:30							9:30
10:00	Experience, Strength and Hope Diane M., MN 10:00 to 10:50 Ballroom 3 and 4	Step 4 - Responsibilities Lana L., MN 9:30 to 10:30 Deer and Elk	Attachment/Detachment Minnesota Room				10:00
10:30		Break					10:30
11:00		Step 4 - Self-Worth Marybeth S., FL 10:45 to 11:45 Deer and Elk					11:00
11:30	Melanie M., MN 11:00 to 11:50 Ballroom 3 and 4			Spirituality Room TBA			11:30
Noon							Noon
12:30							12:30
1:00							1:00
1:30							1:30
2:00							2:00
2:30							2:30
3:00	Experience, Strength and Hope Steve S., MN 3:00 to 3:50 Ballroom 3 and 4	Traditional Al-Anon Meeting TBA 3:00 to 4:00 Deer and Elk			Barriers to Improvement of Treatment Michael Miller, MD		3:00
3:30							3:30
4:00	Rosanne CA 4:00 to 4:50 Ballroom 3 and 4	Couples Meeting Gary and Joan L., OK 4:30 to 5:30 Deer and Elk	Serenity Prayer Minnesota Room		Genetic Factors in Addiction Gavin Bar, MD		4:00
4:30							4:30
5:00							5:00
5:30							5:30
6:00							6:00
6:30							6:30
7:00	Family/Fellowship Time Family Movie		Family/Fellowship Time Family Movie 6:30 Movie - Ballroom 1 and 2	Family/Fellowship Time Family Movie 6:30 Movie - Ballroom 1 and 2			7:00
7:30							7:30
8:00							8:00
8:30			Spirituality Minnesota Room				8:30
9:00							9:00
9:30							9:30
10:00			Sex, Love, Intimacy Minnesota Room				10:00
10:30	Breakouts See Separate Schedule	Breakouts See Separate Schedule		Sex, Love, Intimacy Room TBA			10:30
11:00							11:00
11:30							11:30
12:00 a.m.			Room Closed 1:00 AM to 6:00 AM	Room Closed 1:00 AM to 6:00 AM			12:00 a.m.

10

Happiness is...
feeling healthy



11

Happiness is...
no more guilt



Saturday, August 5, 2006

	AA	AL-ANON	IDAA Teens	Ala-Twenties	CME	DENTAL CE	OTHERS
7:00 a.m.	Early Bird Meeting Pam S., MN 7:00 to 8:00 Ballroom 3 and 4	God Speaks, I Listen Linda S., OR 7:00 to 8:00 Deer and Elk					Fun Run Leave: 6:45am from the Hotel Lobby
7:30							7:00 a.m.
8:00	TBA 8:00 to 8:50 Ballroom 3 and 4	Break					7:30
8:30							8:00
9:00	Bill H., MN 9:00 to 9:50 Ballroom 3 and 4	Step 4 - Love Mary-Ann C., OK 8:30 to 9:30 Deer and Elk					8:30
9:30		Step 4 - Maturity Honnie K., OH 9:30 to 10:30 Deer and Elk					9:00
10:00	LeGair B., FL 10:00 to 10:50 Ballroom 3 and 4	Break	Resentment Minnesota Room				9:30
10:30							10:00
11:00	Nicholas W., MN 11:00 to 11:50 B. Ballroom 3 and 4	Step 4 - Character Traits Andrea S., MI 10:45 to 11:45 Deer and Elk		Forgiveness Room TBA			10:30
11:30							11:00
Noon							11:30
12:30	Lunch on Your Own 11:50 to 1:30	Lunch on Your Own 11:50 to 1:30					Noon
1:00			Letting Go Minnesota Room				IDAA Steering Committee 12:00 to 1:30 Pine and Cedar
1:30	Al-Anon is for Men						1:00
2:00	Andrew W., AL & Dick McK., MO 1:30 to 3:00 Room: Ballroom 3 and 4						1:30
2:30							2:00
3:00	Douglas S., MN 3:00 to 3:50 Ballroom 3 and 4	Traditional Al-Anon Meeting TBA 3:15 to 4:15 Deer and Elk		Attachment/Detachment Room TBA			2:30
3:30							3:00
4:00	Mark W., MI 4:00 to 4:50 Ballroom 3 and 4	Couples Meeting Dale and Marybeth, FL 4:30 to 5:30 Deer and Elk	Trust Minnesota Room				3:30
4:30							4:00
5:00	Breakouts See Separate Schedule						4:30
5:30							5:00
6:00							5:30
6:30							6:00
7:00	Speakers Banquet Featured Speaker: Don P., MO Grand Ballroom		Anger Minnesota Room	Anger Room TBA			6:30
7:30							7:00
8:00							7:30
8:30							8:00
9:00							8:30
9:30							9:00
10:00	Breakouts See Separate Schedule	Breakouts See Separate Schedule	Hugathon Minnesota Room	Hugathon Room TBA			9:30
10:30							10:00
11:00							10:30
11:30							11:00
12:00 a.m.			Room Closed 1:00 AM to 6:00 AM	Room Closed 1:00 AM to 6:00 AM			11:30
							12:00 a.m.

12

Happiness is...
laughing at myself



13

Happiness is...
being clean and sober



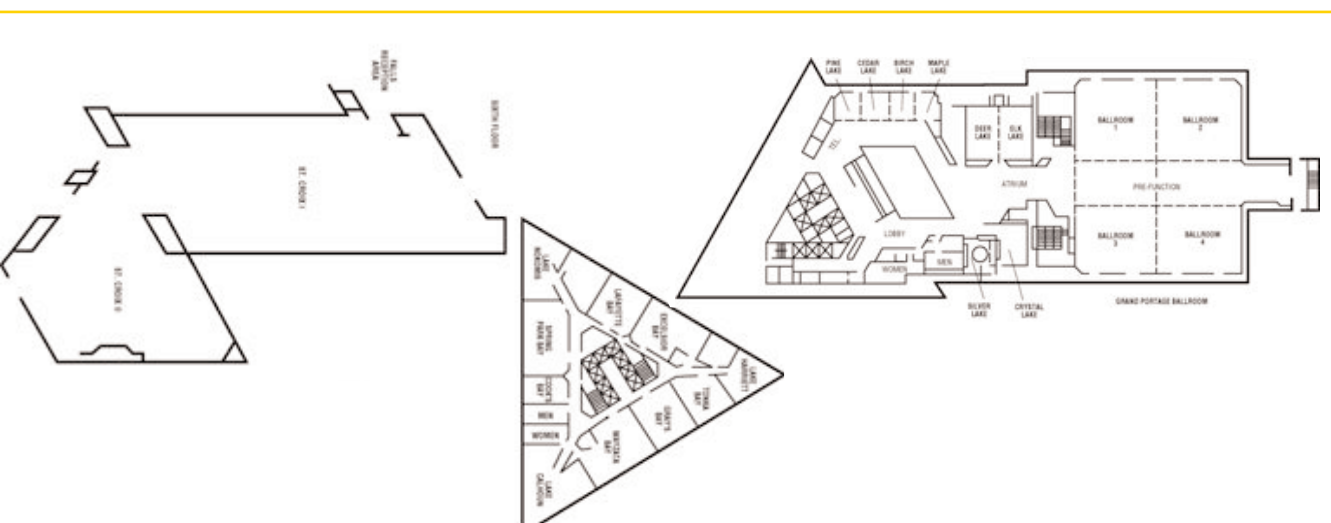
Sunday, August 6, 2006

	AA	AL-ANON	IDAA Teens	Ala-Twenties	OTHERS
7:00 a.m.	Early Bird Meeting Sandal, MN 7:00 to 8:00 Ballroom 3 and 4	Early Bird Meeting Eggenfeldt, WI, MN 7:00 to 8:00 Deer and Elk			
7:30					
8:00					
8:30					
9:00		Spirituality Brunch Featured Speaker Rev. Dr. Jo C, MN 9:30 Ballrooms 1 and 2			
9:30					
10:00					
10:30					
11:00					
11:30					
Noon	Do not frown because it is over, smile because it happened. The Sereni 'tea party' continues in Boston, August 1st to the 5th, 2007.				
12:30	Share your happiness in recovery. Come to Boston and bring a friend.				Combined Meeting Minneapolis and Boston Lk 12:00 to 1:00 Deer and Elk
1:00					

Break Out Meetings

	Wednesday	Thursday	Friday	Saturday	Sunday
3:00 to 4:00 PM	Cyber/Al-Anon Meeting, Lynn M., MI, Deer and Elk	Scholarship Meeting, Pine and Cedar Anesthesiologists, Maple	Scholarship Meeting, Pine and Cedar Anesthesiologists, Maple	Scholarship Meeting, Pine and Cedar Anesthesiologists, Maple	Scholarship Meeting, Pine and Cedar Anesthesiologists, Maple
4:30 to 5:30 PM	Couples Meeting, Deer and Elk Dentists Meeting, Maple	Open Room, Birch	Open Room, Birch	Cyber/Al-Anon Meeting, Pine Dentists, Birch	Cyber/Al-Anon Meeting, Pine Dentists, Birch
4:30 to 5:30 PM	Women in AA, Birch	Cyber/Al-Anon Meeting, Paula K, MI, Pine	Cyber/Al-Anon Meeting, Paula K, MI, Pine	Cyber/Al-Anon Meeting, Cedar Men's Al-Anon Meeting, Cedar	Cyber/Al-Anon Meeting, Cedar Men's Al-Anon Meeting, Cedar
5:00 to 5:30 PM	Scholarship Meeting, Pine and Cedar Parents Al-Anon Meeting, Mick & Julie L., WA, Pine	Couples Meeting, Mike and Barb P., WI, Deer and Elk	Couples Meeting, Mike and Barb P., WI, Deer and Elk	Women in AA, Cedar CyberDocs, Maple	Women in AA, Cedar CyberDocs, Maple
10:00 to 11:00 PM	Gay and Lesbian, St. Croix II	Doctors in Al-Anon Meeting, Maple Parents Al-Anon Meeting, Dan and Joanne O'N., WA, Birch	Doctors in Al-Anon Meeting, Maple Parents Al-Anon Meeting, Dan and Joanne O'N., WA, Birch	Couples Meeting, Mike and Barb P., WI, Deer and Elk	Couples Meeting, Mike and Barb P., WI, Deer and Elk
10:00 to 11:00 PM	Psychiatrists, Birch	Open rooms, see the notice on the message board to sign up for these rooms	Open rooms, see the notice on the message board to sign up for these rooms	Doctors in Al-Anon Meeting, Maple Men's Al-Anon Meeting, Cedar	Doctors in Al-Anon Meeting, Maple Men's Al-Anon Meeting, Cedar
10:00 to 11:00 PM	Psychologists, Maple	Open rooms, see the notice on the message board to sign up for these rooms	Open rooms, see the notice on the message board to sign up for these rooms	Gay and Lesbian, St. Croix II	Gay and Lesbian, St. Croix II
10:00 to 11:00 PM	Open rooms, see the notice on the message board to sign up for these rooms	Open rooms, see the notice on the message board to sign up for these rooms	Open rooms, see the notice on the message board to sign up for these rooms	Open rooms, see the notice on the message board to sign up for these rooms	Open rooms, see the notice on the message board to sign up for these rooms

Hotel Floorplan



- 1 1949 Cape Vincent - Dr. Clarence P's Garage
- 2 1951 Clayton, NY - Hubbard Hotel
- 3 1952 Pocono, PA - Pocono Manor
- 4 1953 Niagra Falls, Can - General Brocks Hotel
- 5 1954 Akron, OH - Mayflower Hotel
- 6 1955 Marshall, IN - Turkey Run State Park Inn
- 7 1956 Detroit, MI - Hotel Fort Hayes
- 8 1957 Estes Park, CO - Hotel Stanley
- 9 1958 Clayton, NY - Hubbard Hotel
- 10 1959 Washington, DC - Kenwood Country Club
- 11 1960 Princeton, NJ - Princeton Inn
- 12 1961 Toronto, CAN - Park Plaza Hotel
- 13 1962 East Moline, IL - Holiday Inn Motel
- 14 1963 White Sulfer Springs, WV - The Greenbriar
- 15 1964 Denver, CO - Writers Manor
- 16 1965 Chicago, IL - The Continental Plaza Hotel
- 17 1966 Indianapolis, IN - Speedway Motel
- 18 1967 Warrenton, VA - Arlie House
- 19 1968 Atlanta, GA - Executive Park Motel
- 20 1969 Morristown, NJ - Governor Morris Inn
- 21 1970 Iowa City, IA - University of Iowa Campus
- 22 1971 Alexandria Bay, NY - Treadway Inn
- 23 1972 Estes Park, CO - Stanley Hotel
- 24 1973 San Antonio, TX - Hotel Palacio Del Rio
- 25 1974 Chicago, IL - O'Hare Inn
- 26 1975 Palm Beach, FL - The Breakers
- 27 1976 Los Angeles, CA - Los Angeles Marriott
- 28 1977 New York City, NY - Statler Hilton
- 29 1978 Detroit, MI - Sheraton Southfield
- 30 1979 San Diego, CA - Holiday Inn Embarcadero
- 31 1980 Washington, DC - Hyatt Regency
- 32 1981 Cleveland, OH - Beachwood Marriott
- 33 1982 Chicago, IL - The Ramada O'Hare
- 34 1983 Vancouver, CAN - Hyatt Regency
- 35 1984 Minneapolis, MN - Hyatt Regency
- 36 1985 Savannah, GA - Hyatt Regency
- 37 1986 San Diego, CA - Sheraton Harbor Island East
- 38 1987 Lexington, KY - Marriott-Griffin Gate
- 39 1988 Baltimore, MD - Stouffer Harbor Place Hotel
- 40 1989 San Antonio, TX - Marriott Rivercenter
- 41 1990 Boca Raton, FL - Boca Raton Resort & Club
- 42 1991 Vancouver, CAN - Hyatt Regency
- 43 1992 Grand Rapids, MI - Amway Grand Plaza
- 44 1993 Scottsdale, AZ - Marriott's Camelback Inn
- 45 1994 Atlanta, GA - Swissotel
- 46 1995 Great Gorge, NJ - The Seasons Resort
- 47 1996 Anaheim, CA - Anaheim Marriott
- 48 1997 Minneapolis, MN - Downtown Hilton Hotel & Towers
- 49 1998 Toronto, CAN - Westin Harbour Castle
- 50 1999 Scottsdale, AZ - Marriott's Camelback Inn
- 51 2000 Pittsburgh, PA - Hilton Pittsburgh & Towers
- 52 2001 Oklahoma City, OK - Renaissance Hotel
- 53 2002 Palm Springs, CA - Desert Springs Marriott
- 54 2003 Mobile, AL - Adam's Mark
- 55 2004 Orlando, FL - JW Marriott Grande Lakes Resort
- 56 2005 Palm Springs, CA - JW Marriott's Desert Springs
- 57 2006 Minneapolis, MN - Marriott City Center Hotel
- 58 2007 See you in Boston!

Happiness is...
an excuse to visit Minneapolis

15

